## **Eyelid Hygiene**

## Hygiene of eyelids and eyelashes:

Open a sachet and unfold the wipe inside. Keeping the eye closed, gently apply the pad to the eyelids and the base of the eyelashes. Carefully massage the eyelids with small circular movements, gently removing any crusts, secretions or makeup.



## Hygiene of the eyelid margin:

In front of a mirror, carefully open the eyelids by lightly pulling on the lashes. Wrap the wipe round your index finger or roll it up and carefully rub the eyelid margin.

